



PACKING GUIDE

A practical room-by-room guide to help you pack safely, protect fragile items, and make move day easier.

Move Plus Relocation Service

San Diego local, long-distance, commercial, packing, and storage moves

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Start Here

Good packing is not about doing everything at once. Work room by room, label clearly, and keep important personal items with you.

Three rules for a smoother move

- Start with items you use least: seasonal decor, books, guest rooms, storage closets, garage shelves, and archived files.
- Declutter before you pack. Moving fewer items saves time, space, and money.
- Label every box on at least two sides with the room, a short contents note, and whether it is fragile or heavy.

Keep these with you

- Passports, IDs, birth certificates, insurance cards, medical records, jewelry, medication, laptops, chargers, keys, and checkbooks.
- A first-night bag with toiletries, clothes, towels, basic tools, snacks, pet items, kids essentials, and bedding.

Supplies That Help

The right materials prevent damage and make boxes easier to stack, carry, and unpack.

Core supplies

- Small boxes for books, tools, canned goods, dishes, and other heavy items.
- Medium boxes for kitchen items, toys, decor, office supplies, and most household goods.
- Large boxes for lightweight items such as pillows, bedding, towels, lampshades, and bulky linens.
- Packing paper, bubble wrap, tape, permanent markers, labels, mattress bags, stretch wrap, and furniture pads.

Specialty supplies

- Wardrobe boxes for hanging clothes, dish packs for china and glassware, mirror or picture boxes for framed items, and TV boxes when available.
- Use original packaging for electronics when you still have it.

Room-by-Room Tips

Pack one room completely before starting another. It keeps the inventory cleaner and makes unpacking less chaotic.

Kitchen

- Wrap dishes individually and stand plates on edge instead of stacking them flat.
- Fill empty spaces with crumpled paper so items cannot shift inside the box.
- Pack appliances clean and dry. Remove loose parts and tape cords to the appliance.

Bedrooms and closets

- Use wardrobe boxes for hanging clothes or keep folded clothes in drawers when the item can be safely moved that way.
- Pack bedding in large lightweight boxes or clear bags so it is easy to find on the first night.

Garage and storage

- Drain fuel from approved equipment, and do not pack paint, chemicals, propane, aerosols, or flammables for the moving truck.

Fragile Items

Fragile packing deserves extra time. If an item is expensive, sentimental, unusually shaped, or difficult to replace, tell Move Plus before move day.

Glassware and china

- Wrap each piece separately. Stuff glasses with paper before wrapping the outside.
- Put heavier items on the bottom and lighter, delicate pieces toward the top.
- Mark fragile boxes clearly on multiple sides and avoid overpacking them.

Art, mirrors, lamps, and TVs

- Use picture boxes or mirror cartons when possible. Protect corners and glass surfaces.
- Remove bulbs and shades from lamps. Pack lampshades separately so they are not crushed.
- Large TVs should be boxed or professionally protected before loading.

Final Week and Unpacking

The last week is about reducing surprises. Confirm details, separate essentials, and make the destination easy to unload.

Before the crew arrives

- Confirm addresses, phone numbers, arrival window, parking, elevator reservations, stairs, long carries, and building rules.
- Separate anything that should not go on the truck and mark items that are staying behind.
- Take photos of electronics connections before unplugging them.

At the new place

- Label rooms before unloading if the layout is not obvious.
- Have one decision-maker available to direct furniture placement.
- Open first-night boxes first, then unpack kitchen, bathrooms, beds, and daily-use items.